"Sports is not only one of the most important keys to a healthy body. It is the basis of a dynamic and creative intellectual activity."

- John F Kennedy

Being motivated by this, on a crisp evening of **4**th **March 2017**, we at NPS, Kengeri organised our **Annual Sports Meet**, **"SPARDHA 2016-17."**

To accommodate the enthusiastic parents of KG wing, the sprawling B. P. Ed. ground of Bangalore University was the best choice. We were fortunate to have **Smt. G. Shylaja Somanna**, **Mrs. Divya Avinash** and Theatre personality **Ms. Nabha Natesh** who graced the occasion as our esteemed guests. Our respected Principal **Mrs. Geeta Dikshit** and co-ordinator **Mrs. Poornima Ramesh** were there to support and guide us constantly throughout the show.

As per Indian tradition, the programme began with the lighting of the lamp by our guests, followed by an ode to Lord Ganesha by our tiny nightingales. With the words of wisdom by our Principal ma'am, we declared the sports meet open with the spectacular display of the floating balloons and the torch lighting ceremony.

The tiny tots of Mont I and Nursery set the ball rolling with their foot tapping performances, and won the hearts of the audience. The simultaneous display of running race on the tracks and fun games like hop to shop, going to a party, obstacle course, bean bag balancing etc. kept the crowd at the edge of their seats to cheer for their favourites. Our victory stand was never empty, as the champions were rolling in one after the other, to celebrate their victory.

Then came the **GRAND FINALE**. Our Mont II, KG-I & KG-II children gave an enthralling performance as a tribute to all the great personalities from various sports fraternities who have overcome all challenges and emerged as role models. The students of NPS, Kengeri sent a message with their endearing performances that "Life is nothing but a game and one has to play it sportively."

Our tiny hosts did a commendable job by anchoring the show, which added value to our **Sports Meet "SPARDHA."** The event was a mega success due to the endless, effective efforts by our teaching and non-teaching staff, as well as the full-fledged encouragement by our dear parents.

To conclude, as they say;

"Play is often talked about as if it were a relief from serious learning. But, for children,

Play itself is serious learning and work of childhood."

-Fred Rogers

ANNUAL SPORTS DAY

"SPARDHA" 2016-17













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