



NATIONAL PUBLIC SCHOOL, KENGERI, BENGALURU

REPORT ON PARIKSHA PE CHARCHA



“Learning is not a product of schooling but the lifelong process of keeping abreast of change.” – Alvin Toffler

Pariksha Pe Charcha- (Discussion on Examination) is an annual event held every year since 2018, in which the Prime Minister of India, Sri Narendra Modi interacts with students, teachers and parents from across the country, and shares tips on how to take board and entrance exams in a relaxed and stress-free manner.

The live telecast of the interaction of the students from all over the country with the Honorable Prime Minister, Sri Narendra Modi, was witnessed by the students and staff of National Public School, Kengeri on 10th February 2025, with great fervour and zeal. The event aimed to create a stress-free atmosphere for youngsters and promote holistic development.

In the session, the Prime Minister answered questions from students, sharing valuable insights on various topics, including nutrition, wellness, and leadership. He emphasized the importance of holistic development, encouraging students to explore their passions and interests beyond academics. The event featured a special episode on mental health and wellbeing, where the Prime Minister shared tips on managing stress and anxiety. Students from different schools actively participated in the event, asking questions and sharing their thoughts on the topics discussed.

The students received key message to focus on nutrition and wellness for overall development, to develop a growth mindset and strive for self-improvement, to cultivate leadership skills by setting examples and inspiring others, to prioritize mental health and wellbeing, and seek help when needed. Overall, the PPC-2025 highlighted the importance of creating a supportive and inclusive environment for students to thrive.

The ‘Pariksha Pe Charcha 2025’ live show was an enriching experience for our students and teachers of NPS Kengeri. It provided valuable insights into the importance of holistic development, mental health, and wellbeing. We look forward to implementing the Prime Minister's suggestions in our school and promoting a stress-free and supportive learning environment.