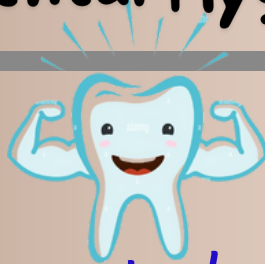




### Report on Dental Hygiene Program



*“Consistent dental care not only preserves a healthy smile but also supports overall health and well-being.”*

On 18th December, 2024, Dr Sonal Budihal and Dr Saheli Mondal accompanied by Mr Krishnappa Gowda, the coordinator of Apollo Shine organized a Dental Care session for Grade 2 and 3 students at National Public School, Kengeri. The program aimed to educate young learners the importance of oral hygiene and healthy dental habits.

The session included an engaging presentation on proper brushing techniques, the impact of sugary foods, and tips to maintain strong teeth. Students actively participated, asking questions and sharing their experiences.

The highlight of the event was a fun demonstration using dental models, which made learning enjoyable. Additionally, a Q & A session was conducted, wherein a few students received a toothbrush for giving the correct answer.

The program successfully emphasized the importance of oral hygiene in our daily life.

