



# NATIONAL PUBLIC SCHOOL

## KENGERI, BENGALURU



Samanvi Prashanth of Grade 5'D' has participated in world book of records with Akshar Yoga Research and Development for holding Chakrasana for 1 min on August 27, 2022

### ***SAMANVI'S ACHIEVEMENTS***

Competition	Date & Year	Category	Place
1st Open National Yogansana Championship 2022 held at Bangalore	06-11-2022	Traditional	1st
5th National Level Yogansana Championship 2023 held at Shivamogga	26-02-2023	Traditional	2nd
1st International yoga championship 2023 held at Dubai	10-05-2023	Traditional	2nd
17th Yoga Pradharshan South India 2023 held at Gummudipoondi Tamilnadu	06-08-2023	Forward Bending	1st
17th Yoga Pradharshan South India 2023 held at Gummudipoondi Tamilnadu	06-08-2023	Backward Bending	2nd
WFF-FYS National PRO AM Yogasana Sports Championship 2023 held at Roorkee Uttarkhand	29-09-2023	Arstistic Pair	3rd
WFF-FYS National PRO AM Yogasana Sports Championship 2023 held at Roorkee Uttarkhand	29-09-2023	Rhythmic Pair	3rd
WFF-FYS National PRO AM Yogasana Sports Championship 2023 held at Roorkee Uttarkhand	29-09-2023	Artistic Solo	5th
WFF-FYS National PRO AM Yogasana Sports Championship 2023 held at Roorkee Uttarkhand	29-09-2023	Traditional	7th
WFF-FYS Karnataka State Yogasana Sports Chamiponship 2023 held at Bangalore	10-12-2023	Traditional	1st
WFF-FYS Karnataka State Yogasana Sports Chamiponship 2023 held at Bangalore	10-12-2023	Artistic Pair	2nd
Government of India SKRSPM Sri Vedavyasa Yoga Pratisthana(R), Mysuru	19-12-2023	Traditional	2nd
National Yogasana Sports Championship 2023-34 under the AEGIS of NYSF held at Bhilai, Chattisgarh	28-03-2023	Artistic Pair	3rd
National Yogasana Sports Championship 2023-34 under the AEGIS of NYSF held at Bhilai, Chattisgarh	28-03-2023	Group	2nd
18th Yoga Championship-South India-2024 held at Tamilnadu	11-08-2024	Forward Bending	2nd
18th Yoga Championship-South India-2024 held at Tamilnadu	11-08-2024	Twisting	2nd
18th Yoga Championship-South India-2024 held at Tamilnadu	11-08-2024	Leg Balance	3rd
CBSE South Zone 2 Yogasana Competition at zonal level held at Bangalore	02-09-2024	Rhythmic	7th

***WHO YOU ARE TOMORROW BEGINS WITH WHAT YOU DO TODAY***