



National Public School, Kengeri, Bengaluru

Report on Grade 6 'C' Class Assembly



Ratha Saptami is a Hindu festival dedicated to Lord Surya, the source of light, energy, and life celebrating the cosmic event of his transition toward the northern hemisphere. It holds immense religious, spiritual, and cultural significance, with rituals to seek the Sun God's blessings for health, wisdom, prosperity, and protection from negative energies.

The students of Grade 6 'C' presented their class assembly in the first week of February with the theme, "Ratha Saptami"

An insightful, informative, well-articulated speech, delivered on the significance of Ratha Saptami, provided everyone with a deeper understanding of the festival's significance in Hindu tradition. A yoga performance performed by a student highlighted the connection between Ratha Saptami day and practices like Surya Namaskar. The students demonstrated twelve yoga postures, symbolizing gratitude for the Sun's energy and its significance in our lives.

A heartfelt bhajan (devotional song) sung by the students, invoked the blessings of Lord Surya for health, prosperity, and spiritual growth. The bhajan beautifully captured the essence of the festival, emphasizing the divine energy of the Sun and its significance in Hindu culture. It set a serene and reverent tone for the entire assembly, bringing everyone together in prayer and devotion. A skit depicting the mythological stories and significance of Ratha Saptami was presented by the students. The skit highlighted the importance of the Sun God in Hindu tradition and his role in sustaining life and energy on Earth. A vibrant dance performance symbolized the warmth and vitality that the Sun brings. The dance was a beautiful expression of joy, energy, and reverence, complementing the theme of the day.

Overall, the assembly programme emphasized on the vitality of the Sun God to all living beings on earth.