



NATIONAL PUBLIC SCHOOL

KENGERI, BENGALURU

Report on Grade 5A Assembly

“Yoga is like music: the rhythm of the body, the melody of the mind and the harmony of the soul create the symphony of life.”



An assembly is not just a routine – it’s an opportunity to reflect, connect, and inspire. The students of Grade 5A had the privilege of conducting the school assembly on the 17th, 19th, and 20th of June 2025 in the School Assembly Ground. These sessions were filled with enthusiasm, energy, and confidence.



Each day of the assembly commenced with the morning prayer, followed by the school prayer and the national pledge. The students also shared an insightful thought for the day, introduced interesting new words, and provided the latest news updates, keeping the school community well-informed.



On the 20th of June 2025, a special assembly was held to celebrate both International Yoga Day-Yoga for one Earth, one health and World Music Day-Healing through Harmony. The students demonstrated various yoga asanas, including some advanced postures, with grace and synchronization, accompanied by soothing background music. This session not only highlighted the importance of physical well-being but also offered a moment of tranquility for all.



In addition, our talented students mesmerized everyone with a classical music performance, beautifully explaining different swaras through their melodious rendition. The harmony of yoga and music created a peaceful and uplifting atmosphere that resonated with the audience.



Throughout these three days, every student participated with joy and teamwork, making the assembly a meaningful and enriching experience.

