



NATIONAL PUBLIC SCHOOL KENGERI, BENGALURU REPORT ON GRADE 10 B CLASS ASSEMBLY

“Gratitude is not only the greatest of virtues, but the parent of all the others.”

Gratitude, thankfulness, or gratefulness is a feeling of appreciation by a recipient of another's kindness. This kindness can be gifts, help, favours, or another form of generosity to another person. The word comes from the Latin word gratus, which means "pleasing" or "thankful".

The students of Grade 10 B presented their class assembly in the last week of May 2025, on the topic, 'Gratitude', focusing on appreciating the little things in life and recognizing the blessings we often take for granted. The assembly began with a thoughtful introduction on the concept of gratitude—what it means, why it matters, and how it impacts our lives positively, followed by an engaging activity called the 'Gratitude Hot Seat', where selected students took turns to sit on the “hot seat” and express their gratitude towards someone or something meaningful in their lives. This activity helped foster a sense of appreciation and emotional connection among the students. A soulful group song rendition themed around gratitude created a warm and reflective atmosphere, resonating deeply with the audience. The performance emphasized the power of music in expressing appreciation and spreading positivity. In a unique and fun-filled activity called the 'Grati-Dare Walk', the students walked the ramp while expressing gratitude to everyday items such as their toothbrush, spectacles, body parts, and even flowers. This creative ramp walk was a power-packed event that brought smiles, laughter, and meaningful reflection to the entire audience. It encouraged everyone to value even the simplest aspects of life.

The assembly concluded on a high note, leaving everyone inspired to practice gratitude in their daily lives.