



NATIONAL PUBLIC SCHOOL KENGERI, BENGALURU REPORT ON GRADE 10 E CLASS ASSEMBLY

The students of Grade X 'E' enthusiastically presented a captivating class assembly in the third and fourth week of June 2025, commemorating 'World Music Day', to highlight the multifaceted positive influence of music on students' daily lives, particularly in navigating academic pressures and fostering a positive environment.

The assembly commenced with a thought-provoking skit performed by the students emphasizing on 'music as a stress reliever and focus enhancer'. The narrative of the skit powerfully emphasized how music can serve as an invaluable tool for the current generation of students to overcome stress stemming from their daily activities and academic demands. It particularly focused on how specific types of music, often referred to as "low-stress" or ambient music, can aid in channelizing focus towards academics. The performance beautifully illustrated scenarios where students, found solace and renewed concentration through the deliberate incorporation of calming melodies into their routines. The message resonated deeply, encouraging students to explore music as a healthy coping mechanism and a means to enhance their cognitive abilities. The skit was well-received, sparking discussions among students about their own experiences with music and stress. The programme also featured an invigorating live music concert, meticulously prepared and performed by the talented students of the class to set the tone for the day. The objective of this segment was to demonstrate how music can effectively set a positive and energetic tone for the start of the day. As the students played music, the entire assembly hall was filled with vibrant sounds that instantly uplifted spirits. The students felt more energized and optimistic after the performance, proving the concert's success in illustrating music's power to influence mood and readiness for the day's challenges. A dynamic and spirited live dance performance reiterated 'music as a morale booster'. This segment was designed to vividly demonstrate how music, when combined with movement, can significantly boost the morale of students. The dancers, synchronized perfectly with the rhythm and emotion of the chosen musical tracks, delivered a performance that was both visually stunning and emotionally stirring. The dance highlighted music's capacity to evoke joy, foster camaraderie, and provide an outlet for expression, thereby strengthening a sense of well-being and collective spirit among students.

The assembly programme showcased various facets of music's power, leaving a profound impact on the students and faculty alike. It served as a powerful reminder that music is not just for listening but also for experiencing, moving to, and drawing strength.