



# NATIONAL PUBLIC SCHOOL, Kengeri, Bengaluru

Academic Year 2018 - 19

## REPORT ON COOKING CLUB

Grade - X

### **“Eating is a necessity but cooking is an art”**

To develop the art of cooking, the students of grade 10 were given an opportunity to be a part of fireless cooking club. They experimented with various basic ingredients and gave a twist to the otherwise simple recipes like sandwich, fruit salad, etc. They showcased their creativity by presenting a wide range of dishes which was appreciated by their friends as well as the teachers. They were also made aware about the nutritional value of the ingredients used in the recipes and the importance eating healthy and being fit. They also learnt to garnish the recipes with relevant toppings which emphasized on the importance of presentation. Students enjoyed presenting a few recipes like:

- ❖ Fruit salad
- ❖ Sandwich
- ❖ Bhel Puri
- ❖ Pani puri
- ❖ Peanut Masala
- ❖ Sprouts Masala

They also understood that preparation is important for any activity that they perform and also that once the act was finished they need to tidy up the things which helped them to understand the importance of cleanliness.

The students enjoyed being a part of the club and were immensely proud of what they had prepared.



