



# **NATIONAL PUBLIC SCHOOL, Kengeri, Bengaluru**

## **Field Trip Report**

**Academic Year 2019 - 20**

**GRADE -VIII**

***“Walking: The Most ancient exercise and still the best modern exercise”***

To imbibe and to prove how best would be being with nature, NPS, Kengeri had organised a field trip to ‘Hid-Den Adventure Camp’, Channapattana. We started at 7:00 a.m. from the school with Grade VIII students. Class Teachers and Asst. Teachers accompanied the students. 57 students along with 5 teachers headed towards Hid-Den Adventure Camp.

We reached our destination at 9:30a.m, we were welcomed by lush green shiny sun rays with pollution free breeze. After relishing Idly, Vada, and Sambar Kesaribath Girls were taken for Trekking which was awaited moment for the students. While, boys were divided according to their section wise for activities. They started with Pipe-line and Bulls Eye respectively, which demanded team work and co-ordination. Zip-Line and Burma Bridge was challenging as patience was mandatory to enjoy and experience. Activities were engaging and students were kept on their toes.

Girls came back from trekking with their life time memories to cherish with them which paved a way for boys to take turn for trekking. Lunch break was a relaxing time with sumptuous food. Post lunch break boys enjoyed playing Kabbadi and Cricket while Girls were stamping their feet for the tunes in Rain dance. As expected Rain Dance for boys surely rocked the floor with their heavy and rhythmic steps.

Trekking was the best part as students were amidst the nature and made them to come out of their comfort zone. The organiser mentioned that he will make sure to experience ‘come down to earth’ and it happened. Out of protective cocoon layer and hassle bustle of city’s life students enjoyed being along with nature. We reached around 6:00p.m to school with fond memories to remember forever.

***“The best view comes after then hardest climb:***

## GLIMPSES OF GRADE-VIII FIELD TRIP







